

## ***A Change of Heart Overcoming Adversity***

Changing one's attitude and perspective . . . indeed, changing one's *self* is one of the toughest challenges we face as human beings.

When asked by the surgeon to authorize the donation of her police officer husband's heart after he was declared brain-dead, Maryanne was quite literally forced to have a 'change of heart' herself. Maryanne's presentation is a unique exploration into her personal experience of overcoming adversity and learning how to recognize opportunities for change after her husband's on-duty death.

This presentation is an eloquent, articulate and passionate account of what it means to accept what is, stop banging on doors that can no longer open, and learn to seek out and recognize new doors . . . or build them. Maryanne speaks to the fact that the greatest barriers we face are often the ones we create.



*"A heartfelt and emotional tale of desperate sorrow turned into inspiration as Maryanne used the passion of her lost love and her eloquence to reach out and touch the hearts of hardened police veterans . . . not an easy feat."*

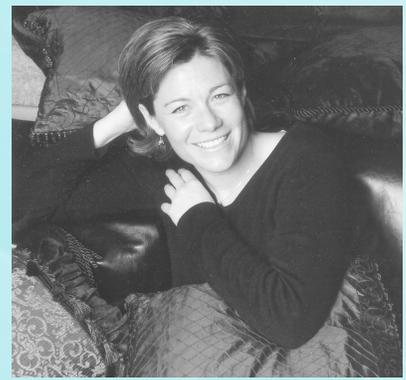
Mike Turcotte ~ Calgary Police Veterans Association

*"The students thought you were ABSOLUTELY AMAZING! You really moved them in so many ways and were incredibly inspirational. I know your presentation touched all of us, as you have such power to motivate and inspire . . . thank you!"*

Linda MacGillvray ~ Teacher, Bishop Grandin High School

*"Maryanne is an energetic speaker with an important message about facing life's challenges head on and reaching for your dream."*

Brian Willis ~ Winning Mind Training



**Maryanne Pope**

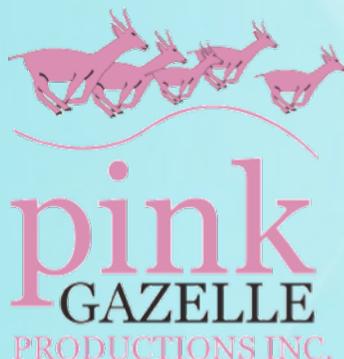
Author of the book *A Widow's Awakening*, Maryanne Pope is also an award-winning playwright, screenwriter and film producer, workplace safety advocate, environmental educator, and inspirational speaker. She's releasing her book *Barrier Removed; A Tough Love Guide to How, Why and When to Pursue Your Dreams* in 2011. Maryanne is an executive producer; chair of the John Petropoulos Memorial Fund; and founder and CEO of Pink Gazelle Productions, which she runs from Vancouver Island, BC.

### **Attendees take away the following from Maryanne's presentation:**

- How to perceive adversity as a useful tool versus a roadblock
- A powerful example of transforming loss into positive change
- What happens to you is not as important as how you deal with it
- The importance of finding one's purpose in life and taking tangible steps towards achieving it

### **This presentation is well suited for the following audiences:**

- Those working in the fields of Human Resources, Mental Health, and Social Services
- General audiences & Students



### **To book Maryanne, please contact:**

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